

LYTCHETT MATRAVERS “NOT JUST” WI

**WEDNESDAY 7th January 2015**

**7.30pm at the Village Hall.**

**Jacqui Ballard is coming from Slimming World to tell us about health and Nutrition. Useful for all of us that need it to lose those pounds that we have gained over Xmas. Also tips to keep those pounds away for the year!!!**



Raffle and Refreshments available on the evening.

Free entry for WI members. Non-members very welcome for a suggested donation of £5. Why not join??

**Don’t forget membership fees are due and also don’t forget to bring your quilt squares**.

Any queries just call Carole on 01202 623223.